

When work impacts mental health. What can fire fighters teach us about how to support healthcare workers during COVID?

Mental ill health is now the leading cause of long-term sickness absence and incapacity amongst Australian workers. Since 2012, UNSW and the Black Dog Institute have led Australia's largest program of research focused on understanding the links between work and mental health. Much of this research has focused on first responders, particularly fire fighters, with an increasing amount of work developing and testing mental health interventions for this group. At present there is concern about how COVID-19 will impact the mental health of healthcare workers.

In this presentation, A/Prof Harvey will detail the work his team has undertaken with first responders with a particular focus on the public mental health interventions his team have developed and tested in this group. He will then discuss the emerging evidence regarding the mental health of healthcare workers and detail the type of interventions that they are developing in response to the current pandemic.

About Associate Professor Sam Harvey

Sam Harvey is the Chief Psychiatrist at the Black Dog Institute and an Associate Professor at UNSW. As well as running the Black Dog Institute's clinical services, Sam also runs a program of research focused on the links between work and mental health. Sam has advised many organisations, governments and the World Health Organisation in how the best available research can be used to create more mentally healthy workplaces.

School of Population Health
UNSW Medicine

Seminar Invitation

Wednesday, 18th November

12:00 - 1:00 pm

[Seminar is available by
Teams Meeting Link](#)



Venue: Seminar is available by [Teams Meeting Link](#)

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Recorded Seminars are available on the [SPHCM website](#)

Organisation: Seminars are organised by Professor Robyn Richmond. Research student seminars are organised by Poshan Thapa School of Population Health (formerly School of Public Health and Community Medicine), Faculty of Medicine, UNSW Sydney, NSW 2052, Australia | Tel: +61 (2) 9385 2517 | Web: sphcm.med.unsw.edu.au | CRICOS Provider Code 00098G



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