

Activating Primary Care COPD Patients with Multi-morbidity (APCOM) Pilot Study

Though the whole (multi-morbidity) is more than the sum of the parts (co-morbidities), it is sometimes necessary to consider a specific index condition during patient-provider consultations. The index disease prioritised by patients depends on which chronic health condition is predominant in their lives at a given point of time. Chronic obstructive pulmonary disease (COPD) was the index condition in the context, or backdrop, of multi-morbidity in the APCOM pilot study. This study was part of Sameera's PhD at the UNSW School of Public Health and Community Medicine, completed in January 2018. The seminar will present an overview of the development, implementation and mixed-method evaluation of a novel self-management education program for patients with COPD and co-morbidities in Sydney general practice.

About Dr Sameera Ansari

Sameera has over 14 years of experience in health care as a physiotherapist, researcher and academic. Her main research interests are chronic disease management, patient empowerment, health promotion, health services and integrated care. Sameera is Research Fellow at the South Eastern Sydney Research Collaboration Hub (SEaRCH) in the UNSW Centre for Primary Health Care and Equity (CPHCE). She leads research projects for the South Eastern Sydney Local Health District and NSW Ministry of Health. Sameera also co-convenes the Health System Integration and Primary Health Care Development research stream at CPHCE, and the Principles and Practice of Primary Health Care course at SPHCM.

The School of Public Health
and Community Medicine

Seminar Invitation

Wednesday 29th August
12:00 - 1:00 pm
Room 305 Samuels Building



Light refreshment is provided

Venue: Room 305, Level 3, Samuels Building, UNSW Upper Campus, Randwick

Enquiries: Ravit Danieli-Vlandis ravit@unsw.edu.au

Parking: Available on L5 of the parking station; enter via Gate 11 Botany St, Randwick

Map: www.facilities.unsw.edu.au/getting-uni/campus-maps



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