

Can the law improve Australia's diet?

Unhealthy diets are a major risk factor for non-communicable diseases (NCDs), which are now the world's leading cause of death and disability. The World Health Organization recommends a comprehensive suite of policies to address diet-related NCDs, including many that involve governmental regulation of the food environment to provide healthier options (e.g. food labelling initiatives, taxes on unhealthy products). Yet despite effective use of law in areas such as tobacco control, Australia remains slow to use law as a tool to promote healthy eating. In this seminar, Ali will share lessons from her PhD at the intersection of law and public health. Taking front-of-pack nutrition labelling as a primary policy focus, she will present findings of her work monitoring and evaluating public health regulations, and make recommendations for governments and policymakers developing, implementing and evaluating robust regulatory strategies to promote healthier diets. She will also outline plans to extend this work to generate new insights on features of effective food policies to target excess sugar consumption as an NHMRC Emerging Leader, and highlight other potential areas where legal insights could enhance the impact of the School of Population Health's work.

About Dr Alexandra Jones

Dr Alexandra Jones is Research Fellow at The George Institute for Global Health, where she leads the Food Policy Division's program on regulatory strategies to prevent diet-related disease. Ali's current research interests include front-of-pack nutrition labelling, fiscal policies to improve diets, product reformulation, restrictions on unhealthy marketing, the interaction of international trade law and health, and the transition to healthy and sustainable food systems. She tweets on these at @alikhjones. Ali has previously worked on global tobacco control, and in health and human rights. She holds a LL.M. in Global Health Law from Georgetown Law (Washington, D.C. USA), and a BA/LLB from the University of Sydney, Australia. In 2019, she completed a Ph.D. exploring nutrition labelling regulation worldwide.

School of Population Health
UNSW Medicine

Seminar Invitation

Wednesday, 4th November

12:00 - 1:00 pm

[Seminar is available by
Teams Meeting Link](#)



Venue: Seminar is available by [Teams Meeting Link](#)

Enquiries: Ravit Danieli-Vlandis ravit@unsw.edu.au

Recorded Seminars are available on the [SPHCM website](#)

Organisation: Seminars are organised by Professor Robyn Richmond. Research student seminars are organised by Poshan Thapa School of Population Health (formerly School of Public Health and Community Medicine), Faculty of Medicine, UNSW Sydney, NSW 2052, Australia | Tel: +61 (2) 9385 2517 | Web: sphcm.med.unsw.edu.au | CRICOS Provider Code 00098G



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