# Workplace Health and Safety Guide for Medical Students (Primary Care)

This guide has been developed to help you have a safe and enjoyable learning experience during the Primary Care term. You should complete this guide during the first day of the clinical attachment by ticking off the checklist below. You should be able to tick off most boxes that exist for each task. Please inform your supervisor or the course coordinator as soon as possible if you find a significant deficiency in any of the risk controls.

*Please note that is a guide only and not intended to replace the workplace health and safety protocols and policies of the practice.*

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| **Tasks** | **Hazards** | **Associate Harm** | **Existing controls** |
| Consulting with patients | Physical violence  * Emotional intimidation | Physical or emotional injuryMalicious damage | I understand that I should never be left alone in the practice / facilityThe practice or facility policy on managing aggressive patients has been explained to meThe use of duress alarms (if available) has been explained to me |
| Performing physical examinations and office tests | Manual handling | Physical injury | I will follow safe manual handling techniques as taught to me during the hospital workplace safety induction sessionsI understand the importance of letting patients do most of their own moving and lifting |
| Medical procedures | Exposure to body fluids and sharp instruments | Contracting blood borne disease | I am immunised in accordance with the NSW Ministry of Health guidelinesProtective gloves are availableI will wash my hands thoroughly before and after any procedures or patient encountersThere is access to running water and viricidal antiseptic for first aidThe practice or policy protocols for reporting and treating needlestick injuries or exposure to body fluids have been explained to meI understand the importance of performing medical procedures only after training and when sufficiently supervised |
| Handling liquid nitrogen and the spray gun (cross out if not applicable) | Exposure to liquid nitrogen | Cold burn | Protective gloves available for use while decantingThere is access to running water for first aidProcedures for the safe handling of liquid nitrogen has been explained to me |